

## **Coronavirus (COVID-19) Resources:**

<b>Source</b>	<b>Title, hyperlink and publication date.</b>	<b>Description</b>
U.S. Health and Human Services/Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA Disaster Distress Hotline Last Update June 2020  <a href="http://www.samhsa.gov/find-help/disaster-distress-helpline">www.samhsa.gov/find-help/disaster-distress-helpline</a>	A helpline providing 24/7, 365 days a year support to those experiencing emotional distress related to natural or human-related disasters
Massachusetts General Hospital (MGH) Center for Women's Mental Health	COVID-19 Mental Health Resources  <a href="https://womensmentalhealth.org/resource/covid-19-mental-health/">https://womensmentalhealth.org/resource/covid-19-mental-health/</a>	Support and resource page for parents and families.
National Alliance on Mental Illness (NAMI)	COVID-19 Information and Resources Last Update April 2020  <a href="https://www.nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources/COVID-19-Resource-and-Information-Guide">https://www.nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources/COVID-19-Resource-and-Information-Guide</a>	Resource and information guide for those experiencing stress and anxiety related to COVID-19.
Centers for Disease Control and Prevention (CDC)	Care for Breastfeeding Women Last Update November 2020  <a href="https://www.cdc.gov/coronavirus/2019-ncov/hcp/care-for-breastfeeding-women.html">https://www.cdc.gov/coronavirus/2019-ncov/hcp/care-for-breastfeeding-women.html</a>	Interim guidance for healthcare providers who care for breastfeeding women during COVID-19.
American College of Obstetricians and Gynecologists	Coronavirus (COVID-19), Pregnancy, and Breastfeeding: A Message for Patients Last Update November 2020  <a href="https://www.acog.org/womens-health/faqs/coronavirus-covid-19-pregnancy-and-breastfeeding">https://www.acog.org/womens-health/faqs/coronavirus-covid-19-pregnancy-and-breastfeeding</a>	A compiled list of FAQs about pregnancy, breastfeeding, and COVID-19.