

## **General Resources:**

<b>Source</b>	<b>Title, hyperlink, and publication date</b>	<b>Description</b>
Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA – Find Treatment <a href="https://www.samhsa.gov/find-treatment">https://www.samhsa.gov/find-treatment</a>	Information about the National Helpline, Suicide Prevention Lifeline, and treatment locator for alcohol, drug, and mental health treatment facilities around the country.
SAMHSA	Mental and Substance Use Disorders April 2020 <a href="https://www.samhsa.gov/disorders">https://www.samhsa.gov/disorders</a>	Overview of co-morbid mental health and substance use disorders, including recent statistics and assessment of co-occurring disorders.
SAMHSA National Helpline	National Helpline: 1-800-662-HELP (4357) Last Update April 2019 <a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a>	Free, confidential 24/7, 365-day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.
U.S. Department of Health and Human Services/SAMHSA/National Center on Substance Abuse and Child Welfare	Children and Families Affected by Parental Substance Use Disorders (SUDs) <a href="https://ncsacw.samhsa.gov/resources/substance-exposed-infants.aspx">https://ncsacw.samhsa.gov/resources/substance-exposed-infants.aspx</a>	Policy and practice resources that include a summary of the underlying issues and current policies, overview of the extent of opioid use by pregnant women, resources on the five-point framework for addressing prenatal substance exposure, and state-specific legislation related to substance use during pregnancy.
NIH/NIDA	Drugs, Brains, and Behavior: The Science of Addiction Updated July 2018 <a href="https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface">https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface</a>	Describes the risk factors, neurobiology of addiction, and potential health consequences of addiction; provides a general, brief overview of treatment options for substance use disorders.
NIH/NIDA	Chart of Evidence-Based Screening Tools for Adults and Adolescents Last Update June 2018 <a href="https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools">https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools</a>	Evidence-based screening tools to screen for alcohol, opioid, and other substance use disorders.

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NIH/NIDA	Principles of Drug Addiction Treatment: A Research-Based Guide, Third Edition Last Update January 2018  <a href="https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/principles-effective-treatment">https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/principles-effective-treatment</a>	Guide on Motivational Enhancement Therapy (MET) principles and research used for alcohol, marijuana, and nicotine use disorders.
National Institutes of Health (NIH)/ National Institute on Drug Abuse (NIDA)	National Survey on Drug Use and Health (NSDUH) Drug Facts and Nationwide Trends Revised September 2018  <a href="https://www.drugabuse.gov/drug-topics/trends-statistics/national-survey-drug-use-health-nsduh">https://www.drugabuse.gov/drug-topics/trends-statistics/national-survey-drug-use-health-nsduh</a>	Provides facts and statistics on substance use in the United States in 2013 for the 67,800 survey participants. 2013 is the most recent year for the NSDUH survey results.
NIH/NIDA	Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide January 2014  <a href="https://www.drugabuse.gov/sites/default/files/podata_1_17_14.pdf">https://www.drugabuse.gov/sites/default/files/podata_1_17_14.pdf</a>	Describes principles of adolescent substance use disorder treatment, treatment settings, evidence-based treatment approaches, and frequently asked questions when treating adolescent substance use disorders.
NIH U.S. National Library of Medicine	LactMed – A Toxnet Database: Drug and Lactation Database  <a href="https://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm">https://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm</a>	Database of illicit and prescription medications with data on potential effects to the infant when exposed during breastfeeding.
Substance Abuse and Mental Health Services Administration (SAMHSA)	Key Substance Use and Mental Health Indicators in the US: Results from the 2017 National Survey on Drug Use and Health (NSDUH) Published September 2018  <a href="https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHFFR2017/NSDUHFFR2017.pdf">https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHFFR2017/NSDUHFFR2017.pdf</a>	A national report that summarizes the findings from the 2017 NSDUH. It details the national indicators of substance use and mental health among people aged 12 years and older.