Tobacco Use Disorder:

| Source | Title, hyperlink, and publication date | Description |
|---|---|---|
| Centers for Disease Control And Prevention (CDC) | Smoking and Tobacco Use https://www.cdc.gov/tobacco/data_statistics/fact_sheets/cessation/quitting/index.htm | Facts on nicotine dependence, health benefits of quitting smoking, smokers' attempts to quit smoking, interventions that can help with smoking cessation, and helpful resources for smoking cessation such as the quit line service. |
| National Institutes of Health (NIH)/National Institute on Drug Abuse (NIDA) | Tobacco/Nicotine https://www.drugabuse.gov/drugs-abuse/tobacco-nicotine | Statistics on cigarette and smokeless tobacco use among 8 th , 10 th , and 12 th graders. |
| NIH/NIDA | Tobacco/Nicotine Updated January 2020 <u>https://www.drugabuse.gov/publications/research-reports/tobacco/tobacco-use-</u> <u>comorbidity</u> | Describes psychiatric conditions that youth who smoke cigarettes are at higher risk for. |
| SAMHSA: National Survey on Drug Use and Health | The CBHSQ Report: Smoking and Mental Illness Among Adults in The United States June 2017 https://www.samhsa.gov/data/sites/default/files/report_2738/ShortReport-2738.html | Article about cigarette smoking in individuals with mental illness in the United States. |
| University of Colorado Anuschutz Medical Campus School of Medicine: Behavioral Health and Wellness Program | Dimensions: Tobacco Free Toolkit for Healthcare Providers 2017 <u>https://www.bhwellness.org/resources/toolkits/tobacco</u> | Provides education on tobacco use, skills to engage individuals in discussions about tobacco cessation, methods to assess readiness to quit, and information and research on treatments for a broad range of healthcare providers (e.g., direct providers, administrators, healthcare organizations). |
| Centers for Disease Control and Prevention (CDC) | E-Cigarettes: An Emerging Public Health Challenge Originally presented 2015, Last update July 2017 <u>https://www.cdc.gov/grand-rounds/pp/2015/20151020-e-cigarettes.html</u> | A page of lecture and panel videos that discuss the long-term health effects of e-cigarettes among youth and adults. |

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| National Institute on Drug Abuse (NIDA) | Vaping Devices (Electronic Cigarettes) Last Updated January 2020 <u>https://www.drugabuse.gov/publications/drugfacts/vaping-devices-electronic-cigarettes</u> | A fact sheet that provides an overview of vaping devices, their effects on the brain and adolescents, health effects, and a safety comparison to tobacco cigarettes |
| NIDA | NIDA Live: The Science of Vaping Last Updated September 2019 <u>https://www.drugabuse.gov/videos/nida-live-science-vaping</u> | A panel discussing what is known and unknown about vaping and its health risks. |